Self Healing Communities

Join the Movement!

BE PART OF A TRANSFORMATIONAL COMMUNITY CHANGE

www.selfhealingcommunities.ca

For more information or to book training, email us at info@selfhealingcommunities.ca

Self Healing Communities Model

Source: Robert Wood Johnson Foundation

How can you join the movement?

- Organize free training in your organization
- Take the free Brain Story Certification
- Do a safety walk in your workplace
- Become trauma informed
- Change the Question

from "What is Wrong with You?"

to "What Happened to You?"

SELF-HEALING COMMUNITIES: A TRANSFORMATIONAL PROCESS MODEL FOR IMPROVING INTERGENERATIONAL HEALTH & SOCIAL OUTCOMES (ACES)

$244,440

SOCIAL INNOVATION FUNDING

4 YEARS

PHASE 5 OF 6

bgc Greater Saint John

Adverse Childhood Experiences (ACEs) are the root cause of many of today's most common health conditions, lower education attainment, challenges with finding and keeping employment and poverty.

ACEs don't discriminate. Approximately 70% of the population has experienced some form of trauma in their life and it's impact is intergenerational.

Over 25 years of scientific evidence and 60,000 research papers confirm, the impacts of ACEs are real and can follow us into adulthood.

But there is good news! "What is predictable is preventable" – Dr. Robert Anda

We can help build resilience and protective factors to prevent ACEs and improve outcomes in people that have experienced trauma.

Start by changing the question from "What is wrong with you?" to "What happened to you?"

Join the global ACEs movement and help support friends, families and co-workers that have experienced trauma

Who we are:

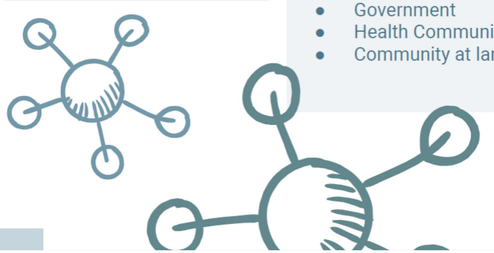
Our network is made up of:

Project Team

- Horizon Health
- BGC of Saint John

Partners

- Business Community
- Education Community
- Justice Community
- Government
- Health Community
- Community at large



Master Trainers

- BGC of Saint John
- Avenue B Harm Reduction Inc.
- SJB/KE School
- NB Social Paediatrics
- Horizon Health - Public Health
- Horizon Health - SJRH
- Horizon Health - Addictions & Mental Health
- Horizon Health - Population Health
- Horizon Health - 4DN Psychiatry
- UNBSJ - Nursing & Health Sciences
- Social Development
- John Howard Society
- PCAP
- Inner City Youth Ministry
- Francophone Sud
- Anglophone South - FACE
- Horizon Health - ISD
- YMCA Newcomers
- Teen Resource Centre
- Stone Church